

ZUMBA!

is at
Douglasville School of Dance!

Zumba is a fitness program that is taking the world by storm. Zumba is a combination of Latin and Salsa grooves with easy-to-follow moves, all incorporated with up-beat Latin music! It is fun and thrilling and perfect for people who may not always enjoy working out.

Joyce Maldonado ~ a certified instructor through the Zumba Instructor Network (ZIN™), ~ brings an exciting, high-energy, fun class for all ages to DSD!

- Classes will meet on Tuesdays @ 7:30-8:30
- All Ages ~ teen through adult!
- **AFFORDABLE!! Only \$5 per class** – pay as you go!
- Clothing: Wear anything that is comfortable for you! A good pair of sneakers is all you need! No special clothing required!
- Bring a water bottle & a towel (you'll work up a sweat!)
- Contact us now for more information and to sign up for **ZUMBA!**

Email: danceinfo@bellsouth.net